

Dew Drops





Welcome to Kindermusik Village!

This Home Journal is a place for you to document your baby's experiences with music. At the end of each class you will receive a special Home Activity Card which contains suggested activities to do with your baby during the week. It will also contain an invitation to make some notes about your observations. The reverse side of the card is a place for you to "make some memories." You could write a letter, a poem, or jot down notes. You could draw a picture with crayons or markers. You could use stickers and glitter. You could paste a special photo of your baby's involvement with music making. Or you could leave it blank and do your Journal in your mind.

Each Home Activity Card contains interesting resources for you and your baby to enjoy. Some are children's literature books, some are CD's to purchase, and a few are books for parents/caregivers.

Several cards containing the melodies and words to songs and activities learned in class are also included, along with a lace to bind the entire Home Journal together.

Baby's Name _____

Date _____

Balance the High & Low



High and low pitches are basic elements used by the speaking and singing voice. As we speak the rise and fall in pitch, or inflections, can initiate different responses from Baby. Research has discovered that exposure to high sounds plays an important part in maintaining alertness and energy required for learning. There is a tendency to need more sleep, be less active, and get ill more often when high-pitched sounds are removed from the environment.

Home Activity

Use a wide variety of voice ranges as you talk to Baby. Notice the response between using a voice that is animated with wide ranges of high and low, and a speaking voice that stays in the lower register. Your voice may determine the energy and level of interaction during playtime. Observe Baby at bedtime when your voice drops into a low soothing sound. The calming effect of the lower voice range can be effective when you are trying to relax your child.

Baby's Journal

Baby's responses to high and low...

For Your Home Library

*Baby Talk, The Art of Communicating with Infants and Toddlers,
by Monica Devine, M.A., C.C.C., Insight Books, 1991.*

Mirror



Babies are fascinated with mirrors! Baby is beginning to develop some form of self-awareness when she reacts to a mirror image of herself. Her initial response may be smiling back or babbling at her reflection. At other times Baby may wave and pat the mirror. These reactions are helping her learn more about her body.

Home Activity

For Safety: Use a non-breakable mirror.

Choose one of these mirror activities to play with Baby:

- Point out and name body parts such as eyes, nose, mouth, fingers, toes, etc.*
- Make hand gestures in front of the mirror for "hello," "uh-oh," "all-gone," and "good-bye."*
- Together dance in front of a full-length mirror.*

Baby's Journal

Baby's reactions to mirror play were...

For Your Home Library

I See, by Rachel Isadora, Greenwillow Books, abridged 1991.

Stop! and smell the roses



The sense of smell is strongly linked to memory and plays an important role in Baby's early learning. Everything in Baby's world is new and needs to be explored and understood using all the senses. As Baby starts to remember how something feels, smells, tastes, looks, or sounds, he begins to better understand the physical properties of things around him. This is sensory learning.

Home Activity

Give Baby the opportunity to explore different types of smells. While taking a walk outside, enjoy a variety of smells from grass, leaves, and flowers to dirt and tree bark. The kitchen is full of wonderful smells. In the kitchen, encourage Baby to smell the aroma of cooking foods and spices.

Baby's Journal

Baby seemed to enjoy smelling...

But didn't enjoy smelling...

For Your Home Library

*One hundred and One (101) Things to do With a Baby,
by Jan Ormerod, A Mulberry Paperback Book, 1984.*

Find the Beat



Life has rhythm and pulse. Baby is aware of this even in the womb when he hears the pulse of Mother's heartbeat and feels the rhythm of her movements. This same pulse and rhythm are present in speech as well, and are highlighted in nursery rhymes. It is important for Baby to be able to feel the underlying pulse of language as well as the rhythm.

Home Activity

Select one of your favorite nursery rhymes and say it to Baby while gently tapping or bouncing Baby on the steady beat. The syllables of words in the rhyme will form the rhythm. The repertoire for rhymes is limitless! Enjoy finding new favorites.

Baby's Journal

Baby's response to the beat...

For Your Home Library

*Hey Diddle Diddle & other Mother Goose Rhymes,
by Tomie DePaola, G.P. Putnam's Sons, 1985.*

Ready for Reading



Baby's lungs and diaphragm are developing with each breath that she takes. Blowing long and short breaths is another way of developing the diaphragm, which is necessary for production of any speech sounds. For Baby that cannot blow yet, blowing play allows Baby to visually track the object and develop stronger eye muscles in preparation for reading readiness skills.

Home Activity

Try some blowing activities with Baby. Baby will enjoy the cool sensation of you blowing on her face and body. Get close to Baby's face and let her see and feel your mouth while you gently blow. There are many common items around the house that you can collect for blowing play. To name just a few: tissue paper, feather duster, cellophane paper, cotton ball, light weight piece of cloth.

For Safety: *Closely supervise any Blowing Play.*

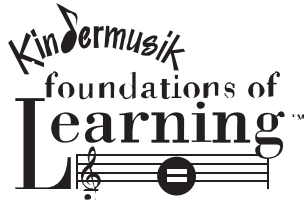
Baby's Journal

Baby's reaction to blowing...

For Your Home Library

CD recording - Leonard Slatkin and Saint Louis Symphony Orchestra, Vaughan Williams, Barber, Grainger, Faure, and Satie, TELARC, 1981.

One More Time...



Baby learns dimension, texture, line, and even color through touching his environment. Simply feeling things with his hands can give him much information. Hands are for touching and exploring.

In a recent class we touched the drum in a variety of ways such as rubbing, tapping, patting, and scratching. Each different touch produced a different drum sound. Touching the same texture in many different ways gives Baby a broader sensory experience.

Home Activity

Lap Baby

- Select different types of fabric such as felt, cotton, corduroy, satin, silk, and flannel. Gently rub them across Baby's arms and legs. Try to alternate a soft texture with a slightly rougher texture.

Crawler and Walker

- Cover the outside of a paper tube with one specific texture. Make as many texture tubes as you would like using fake fur, cotton, flannel, light grained sandpaper, satin, wool, paper, and silk. Encourage Baby to feel the different textures. Label the texture by saying the words "soft" or "rough" to Baby during this play.

Baby's Journal

I noticed while Baby explored different textures...

For Your Home Library

I Touch, by Rachel Isadora, Greenwillow Books, board book abridged, 1991.

Crawling and Learning



“Crawling, a cross-lateral movement, activates development of the corpus callosum (the nerve pathways between the two hemispheres of the cerebrum). This gets both sides of the body working together, including the arms, legs, eyes, and the ears. Research shows that children who miss the vitally important crawling stage may exhibit learning difficulties later on.” (*Smart Moves*, Carla Hannaford, Ph.D.)

Home Activity

Enjoy some crawling games with Baby. Your Baby has extra natural knee padding until about age five, but you may need to protect your knees for prolonged crawling.

Lap Baby

- Lay baby on a blanket on the floor. Crawl around and over Baby while singing a favorite song. At different times within the song, interact by touching or tickling Baby.

Crawler & Walker

- While singing London Bridge, make a body tunnel and encourage Baby to crawl under the tunnel. On “all fall down” let your body tunnel carefully fall down.
- Play a “You can’t catch me” crawling-singing game. Encourage Baby to crawl and try to catch you. When Baby catches you, give an enthusiastic hug and sing “You caught me!!!” Then reverse roles and you try to catch Baby.

Baby’s Journal

I noticed while crawling with Baby...

For Your Home Library

Smart Moves, Why Learning is Not All in Your Head, by Carla Hannaford, Ph.D., Great Publishers, 1995.

Listening



Sounds are part of Baby's environment. Focused listening to one sound will help Baby start to learn to compare the differences between sounds and the source by which they are produced.

Home Activity

Lap Baby

- *Select a gentle sound made by a quiet jingle, rattle, or shaker. The selection of the sound is important since some infants can become startled by a sudden sound. Notice Baby's facial and body reactions to the sound. Give Baby the opportunity to make the sound by shaking, holding, or touching the object.*

Crawler & Walker

- *Select a sound made by a common object that is familiar to Baby such as a shaker, rattle, drum, jingle. You may even want to make or create a new sound by using common household items. Explore and play with the sound object together.*

Baby's Journal

I noticed that Baby enjoyed listening to these sounds...

But did not enjoy listening to these sounds...

For Your Home Library

The Celtic Cradle, traditional Celtic Lullabies, (audio recording), Alcazar Productions, 1995.

Song Card

Hello, Hello!

Susan James



1. Hel lo, hel - lo! Let's sing to - geth - er,
 2. Wave to Ben, let's wave to - geth - er,
 3. Bounce to An - nie, bounce to - geth - er,

Hel - lo, hel - lo! Let's sing hel - lo.
 Wave to Ben, let's wave hel - lo.
 Bounce to An - nie, bounce hel - lo.

Hel - lo, hel - lo! Let's sing to - geth - er.
 Wave to Ben, let's wave to - geth - er.
 Bounce to An - nie, bounce to - geth - er.

Sing to - geth - er, let's sing hel - lo.
 Wave to - geth - er, let's wave hel - lo.
 Bounce to - geth - er, let's bounce hel - lo.

Lavender's Blue

traditional



1. Laen - der's blue, dil - ly, di - ly, Lav - en - der's green,
 2. Wtold you so, dil - ly, di - ly, Who told you so?

When I am King, di - ly, di - ly, You shall be Queen.
 Twas my own heart, dil - ly, dil - ly, That told me so.

Morning Glory

The Morning Glory starts so low,
 Then, it begins to twist and turn
 and twist and turn as it climbs
high to the sky.

Open your petals wide.


Sun warm your face.
 Sun warm your face.

Close your petals tight.
 It's the end of the day.



Song Card

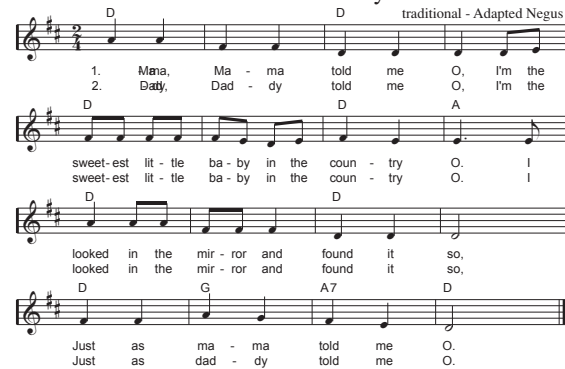
Did You Ever See a Lassie?



Did you ev - er see a las - sie, a las - sie, a
 lad - die, lad - die,
 las - sie, Did you ev - er see a las - sie go this way and
 lad - die, lad - die
 that? Go this way and that way, and this way and
 that way, Did you ev - er see a las - sie go this way and that?
 lad - die

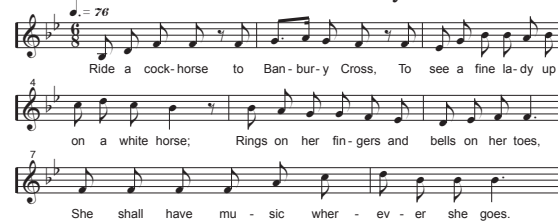
Sweetest Little Baby

traditional - Adapted Negus



1. Ma - ma told me O, I'm the
 2. Da - dy, Dad - dy told me O, I'm the
 sweet - est lit - tle ba - by in the coun - try O, I
 sweet - est lit - tle ba - by in the coun - try O, I
 looked in the mir - ror and found it so,
 looked in the mir - ror and found it so,
 Just as ma - ma told me O.
 Just as dad - dy told me O.

Ride a Cock-Horse to Banbury Cross



Ride a cock-horse to Ban - bur - y Cross, To see a fine la - dy up -
 on a white horse; Rings on her fin - gers and bells on her toes,
 She shall have mu - sic wher - ev - er she goes.



Song Card

Rig-a-jig-jig

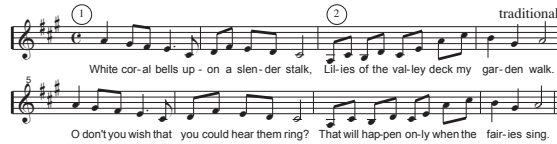
English Folk Song



As I was walk - ing down the street, down the street, down the street. A
 friend of mine I chanced to meet, hi - ho, hi - ho, hi - ho.
 Rig - a - jig - jig and a - way we go, a - way we go, a - way we go!
 Rig - a - jig - jig and a - way we go, hi - ho, hi - ho, hi - ho.

White Coral Bells

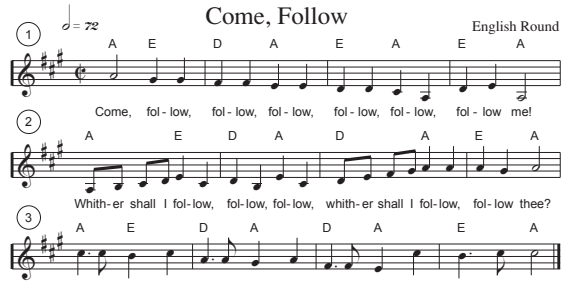
traditional



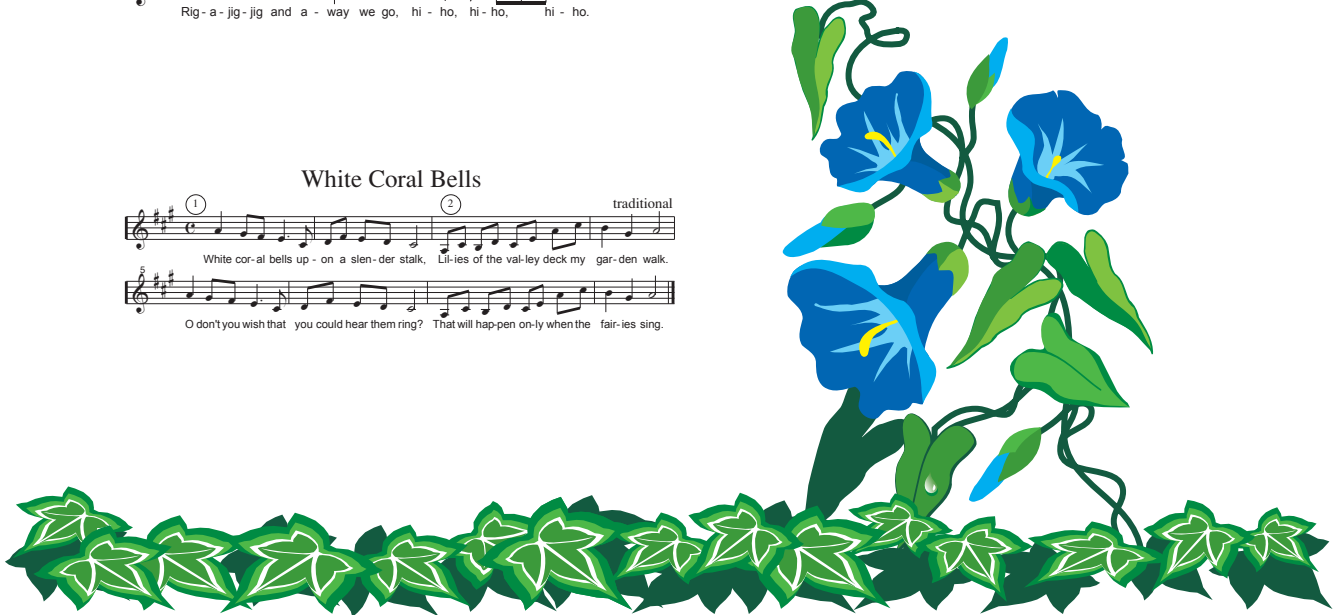
White cor - al bells up - on a sien - der stalk. Lil - ies of the val - ley deck my gar - den walk.
 O don't you wish that you could hear them ring? That will hap - pen on - ly when the fair - ies sing.

Come, Follow

English Round




① $\text{♩} = 72$
 A E D A E A E A
 Come, fol - low, fol - low, fol - low, fol - low, fol - low, fol - low me!
 ② A E D A D A E A
 Whith - er shall I fol - low, fol - low, fol - low, whith - er shall I fol - low, fol - low thee?
 ③ A E D A D A E A
 To the green - wood, to the green - wood, to the green - wood, green - wood tree.



Song Card

Come My Little Darling



1. Comy lit - tle dar - ling a - walk - ing we will go,
 2. a - swing - ing

5
 Down in the val - ley, where all the li - lies grow.

8
 Sweet pinks and ros - es and ber - ries on the vine. I'll

13
 swing her once and swing her twice and make that ba - by mine.

A Snail and A Grasshopper

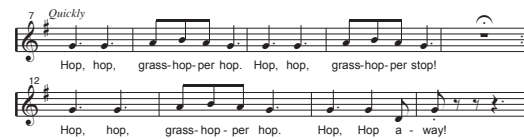
(Spoken) A snail was crawling slowly one day.



Slowly Cindy Bousman
 The snail crawls slow - ly on the ground. The snail crawls slow - ly

Fine *D.C. al Fine*
 on the ground. Craw - ling a - round, craw - ling a - round.

(Spoken) He saw a grasshopper who quickly hopped away!



Quickly
 Hop, hop, grass - hop - per hop. Hop, hop, grass - hop - per stop!

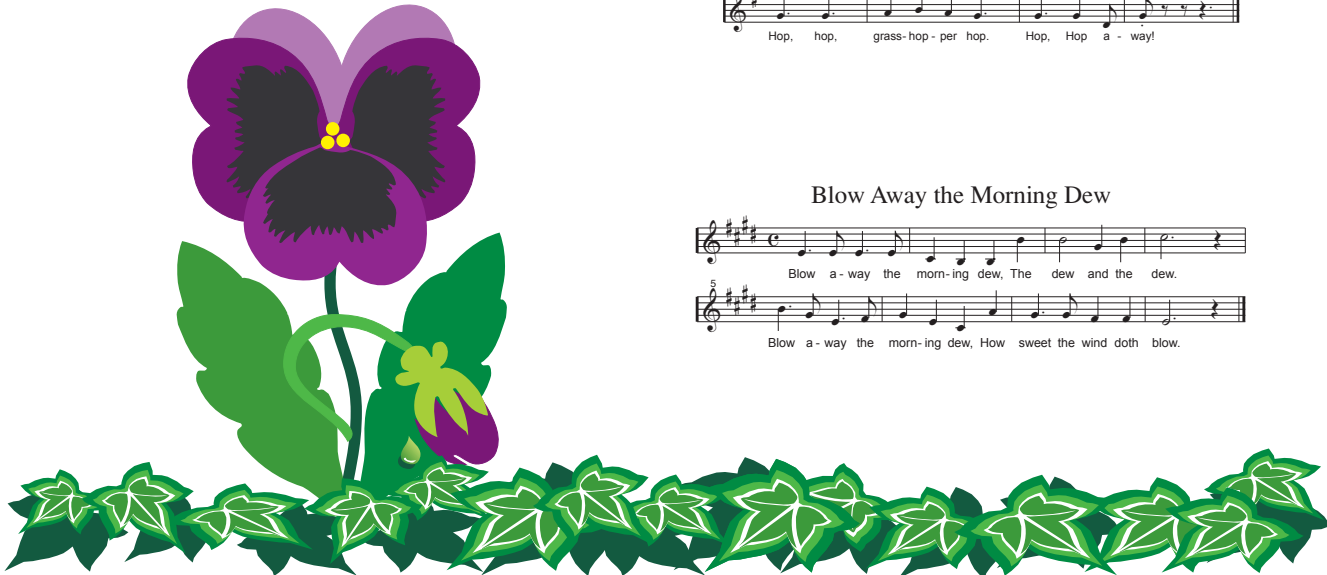
12
 Hop, hop, grass - hop - per hop. Hop, Hop a - way!

Blow Away the Morning Dew



Blow a - way the morn - ing dew, The dew and the dew.

5
 Blow a - way the morn - ing dew, How sweet the wind doth blow.



Song Card

Oh, How I Love My Baby-O

Susan James

1. Rock - ing, rock - ing to and fro, to and fro, to and fro,
 2. Sing - good - bye to Ja - mie, Ja - mie, Ja - mie,
 3. Go to sleep my lit - tle love, lit - tle love, lit - tle love,

rock - ing, rock - ing to and fro, Oh, how I love my
 sing good - bye to Ja - mie,
 go to sleep my lit - tle love.

(1, 2) ba - by - O. (3) ba - by - O.

How Does Your Garden Grow?

traditional

Ba - by, ba - by, My sweet ba - by, How does your gar - den grow? With
 sil - ver bells and cock - le shells, And flow - ers all in a row.

London Bridge

traditional

Lon - don Bridge is fal - ling down, fal - ling down, fal - ling down.
 Lon - don Bridge is fal - ling down, my fair la - dy.

2. Build it up with iron bars, Iron bars, Iron bars! Build it up with iron bars, My fair Lady.
3. Iron bars will rust and break, rust and break, rust and break! Iron bars will rust and break, My fair lady.
4. Build it up with sticks and stones, sticks and stones, sticks and stones! Build it up with sticks and stones, My fair lady.
5. Sticks and stones will soon fall down, soon fall down, soon fall down! Sticks and stones will soon fall down, My fair lady.
6. Build it up with gold and silver, gold and silver, gold and silver. Build it up with gold and silver, My fair lady.



Song Card

That's an Irish Lullaby

♩ = 52 *♩ = 52* traditional



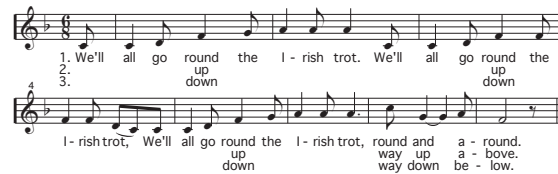
1. Gently comes the morn-ing, ___ Soft - ly comes the song,
 2. Too - ra - loo - ra loo - ra, ___ Too - ra - loo - ra li.

Kiss a - way the dew drops, ___ Hold you in my arms, ___
 Too - ra - loo - ra loo - ra, ___ Hush now don't you cry, ___

Smiles to greet the morn-ing, ___ Love to greet the song.
 Too - ra - loo - ra - loo - ra, ___ Too - ra - loo - ra - li.

Hold you in my heart, ___ For ___ now and ev - er more.
 Too - ra - loo - ra loo - ra, ___ That's an I - rish lul - la - by.

Irish Trot



1. We'll all go round the I - rish trot. We'll all go round the
 2. up down
 3. up down

I - rish trot, We'll all go round the I - rish trot, round and a - round.
 up way up a - bove,
 down way down be - low.

One Misty, Moisty Morning

One misty, moisty morning,
 When cloudy was the weather,
 I chanced to meet an old man,
 Clothed all in leather.

He began to compliment
 And I began to grin.

How do you do?
 And how do you do?
 And how do you do again?



Ways to hold Baby

